



FIRST TUNNELS

the growing season just got longer

advertisement feature

Beat the credit crunch!

In tough times, growing your own food in a First Tunnels polytunnel can pay dividends

CREDIT CRUNCH, recession, economic downturn – whatever you call it, families are feeling the pinch. With pay freezes biting and tax rises looming, it's no wonder that Brits are investigating every option to cut the cost of living.

Watch any finance programme on TV and the 'experts' will conjure up tricks to slash household bills: switch energy suppliers, cycle rather than drive, sell unwanted goods on eBay and ditch upmarket grocers for budget supermarkets. It's all rather predictable. But why do so

many experts overlook the most effective (and rewarding) way of saving cash and improving your family's health: growing your own food?

The next time you do a weekly shop, add up the cost of fruit and veg. You'll be shocked at the price! But many of your five-a-day essentials can easily be grown in a polytunnel from First Tunnels.

With autumn just around the corner, a polytunnel holds the key to extending the growing season. Growing under cover creates a unique micro-climate, protecting crops from harmful winds, while frost damage becomes thing of the past.

A polytunnel makes valuable sunshine work harder.

Look at the benefits: the effort required to grow fruit and veg is reduced, crops grow faster and plants are



Rewarding hobby: polytunnel growing benefits your health and wallet!

stronger, while yields are higher than you could expect outdoors – and for a fraction of the cost of a greenhouse!

Gardeners are even using their polytunnels to generate extra cash by growing their own hanging baskets and flowers to sell at fetes and car boot sales (pictured, above).

So, with families regarding

their gardens and allotments as a refuge from the gloom of recession, there's never been a better time to reap the financial and health benefits of polytunnel gardening.

You could even cut the cost of the biggest shopping bill of the year by growing your own Christmas dinner (turkey excluded!)

To find out more about how polytunnel growing can be a truly rewarding hobby for your family, call First Tunnels today!



2010 brochure and DVD – order at FirstTunnels.co.uk

Free sliding doors in August!

GARDENERS CAN save cash by taking advantage of a **FREE** sliding door upgrade when ordering a First Tunnels polytunnel during August.

The special offer represents savings of up to £80 on domestic polytunnels and up to £200 on commercial models!

Not only do sliding doors

offer improved access, but gardeners benefit from more growing space – with greater ventilation and control of the tunnel's climate, too.

To take advantage of this offer, select the **FREE** upgrade when placing an order. Call ☎ (01282) 601253 or visit FirstTunnels.co.uk before 31 August 2010.



Get in contact

ADDRESS: First Tunnels Ltd, Dixon Street, Barrowford, Lancashire, BB9 8PL

PHONE/FAX ORDER: ☎ (01282) 601253/612420 (8.30am-5pm Monday-Friday, 9am-12pm Saturdays)

ORDER ONLINE: FirstTunnels.co.uk or email sales@FirstTunnels.co.uk



We believe our polytunnels are excellent value for money. That's why we're happy to match ANY like-for-like price... and that's a promise!

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